

RISE to the Challenge!

Problem Solving Worksheet



Recognize the problem: Identify the problem. Write down what keeps you from reaching your goal.

Identify possible solutions: What would help solve the problem? Brainstorm as many ideas as you can. Write them down. List the pros and cons for each.

Start solving: Which solution do you think works best? Write it down. Ask yourself: **What** will you do? **When** will you do it? **Who** can help?

Evaluate your plan: How did your plan work? Write down what went right and what went wrong



E Evaluate

S Solve

I Identify

R Recognize

